



Ready to taste a new food each week? Check rachaelrayshow.com for Rach's weekly selection & recipe, or pick your own. Use the chart below to keep track of your new food adventures ... and have fun!!



loved it -
seconds please!



hmm ...
it's ok



not for me,
but at least I tried it!

date	food	recipe name	Rating		
					
					
					
					
					
					